



## Syllabus

|   |                       |                            |                                     |         |                                    |
|---|-----------------------|----------------------------|-------------------------------------|---------|------------------------------------|
| Course No.  | 1900716W              | College                    | College of Economics and Management | Dept.   | Economics & International Business |
| Teacher   | Yuanna Tian           |                            |                                     |         |                                    |
| Time  | 2022.06.28—2022.07.15 |                            |                                     |         |                                    |
| Course Name   | English               | Introduction to Psychology |                                     |         |                                    |
|   | Chinese               | 心理学入门                      |                                     |         |                                    |
| Course credits hours  | Total                 | Theory                     | Office Hour or Practice             | Credits |                                    |
|   | 70                    | 60                         | 10                                  | 12.0    |                                    |
| <b>Course description:</b> Describe the nature, academic status, and aims of the course (theory, ability and technique)   |                       |                            |                                     |         |                                    |
| This course will explore the theory and practice of psychology, demystify hard-to-grasp psychological concepts and shows how these have shaped our common life. A majority of interesting experiments of psychology are covered from cognitive to behavioral psychology making this course for students or for anyone with a general interest in this popular area. Material covered will focus on areas of relevance to psychology as a crucial facet of life. Special emphasis will be placed upon the understanding of the role of the motivation, memory, emotion, stress, and the agency relationship between social psychology and personal relationship. |                       |                            |                                     |         |                                    |
| <b>Requirements for courses; ability and knowledge in advance</b>   |                       |                            |                                     |         |                                    |
| Personalities, sense, memory, emotion, social relationship  |                       |                            |                                     |         |                                    |
| <b>Course structure explanation:</b>  |                       |                            |                                     |         |                                    |
| Make clear the necessary parts, optional parts, distribution of hours. Courses with experiments or practice are expected to explain credit hours needed, content, scheme and functions.   |                       |                            |                                     |         |                                    |

|   |  |   |                   |             |              |
|---|--|---|-------------------|-------------|--------------|
|   | <b>Chapter</b>                             | <b>Content</b>                            | <b>Class Hour</b> |             |              |
|   | Chapter 1                                  | The psychology in life                    | 2                 |             |              |
|   | Chapter 2                                  | The biological basis of behavior          | 2                 |             |              |
|   | Chapter 3                                  | Sense and perception                      | 2                 |             |              |
|   | Chapter 4                                  | Psychology, consciousness and other state | 3                 |             |              |
|   | Chapter 5                                  | Learning and behavior analysis            | 2                 |             |              |
|   | Chapter 6                                  | Memory                                    | 3                 |             |              |
|   | Chapter 7                                  | Cognition process                         | 3                 |             |              |
|   | Chapter 8                                  | Intelligence and intelligence test        | 3                 |             |              |
|   | Chapter 9                                  | People's lifelong development             | 2                 |             |              |
|   | Chapter 10                                 | Motivation                                | 2                 |             |              |
|   | Chapter 11                                 | Emotions, stress and health               | 4                 |             |              |
|   | Chapter 12                                 | Personality Theories                      | 4                 |             |              |
|   | Chapter 13                                 | Psychological disorder                    | 2                 |             |              |
|   | Chapter 14                                 | Psychology therapy                        | 2                 |             |              |
|   | Chapter 15                                 | Social processes and relationships        | 2                 |             |              |
|   | Chapter 16                                 | Social psychology, society and culture    | 2                 |             |              |
| <b>Teaching methods (Lectures, practice, etc)</b>   |  |   |                   |             |              |
| Courses will be given priority with theory teaching, supplemented by case analysis, curriculum project and class discussion and other teaching methods and means. |  |   |                   |             |              |
| <b>Forms of examination and requirements</b>  |  |   |                   |             |              |
| <b>Structure of the final grade(including presence, class performance, ), focus of exam, forms of exam(test, interview, final report, etc)</b>                    |  |   |                   |             |              |
| Homework & Quiz (40% )  |  |   |                   |             |              |
| Attendance (10%)  |  |   |                   |             |              |
| Mid-term Exam (20%)   |  |   |                   |             |              |
| Final Exam (30%)  |  |   |                   |             |              |
| <b>Textbook</b>   | <b>Name</b>                                | <b>Publisher</b>                          | <b>Author</b>     | <b>Year</b> | <b>Price</b> |
|   | Psychology and Life                        | 人民邮电出版社                                   | Richard J.Gerrig  | 2011        | RMB 64       |
| <b>References</b>   | <b>Name</b>                                | <b>Publisher</b>                          | <b>Author</b>     | <b>Year</b> | <b>Price</b> |
|   | 心理学入门（修订版）                                 | 中央编译出版社                                   | Gerd Mietzel      | 2015        | RMB 43.70    |
| <b>Website</b>  |  |   |                   |             |              |
| <b>Course members</b>   |  |   |                   |             |              |
| <b>College</b>  | <b>College of Economics and Management</b> |   |                   |             |              |